

Date: Friday, 23rd April 2021
Our Ref: MB/SH FOI 4706

Sid Watkins Building
Lower Lane
Fazakerley
Liverpool L9 7BB
Tel: 01515253611
Fax: 01515295500
Direct Line: 01515563038

Re: Freedom of Information Request FOI 4706

We are writing in response to your request submitted under the Freedom of Information Act, received in this office on 23rd April 2021.

Your request was as follows:

Please could you provide me with information regarding the introduction of any wellbeing days or mental health days for the employees in your trust. By wellbeing days, I mean days off given to employees to help them prioritise wellness or mental health. Some companies have introduced these days in response to the stress of the pandemic.

I would like to know:

1. Have you introduced a wellbeing day for your employees?
2. If so, does this apply to all your employees or just some?
3. When was it introduced?
4. Can the wellbeing day be taken off by employees at any time of year, or is there a specific date when everyone takes the day off together?
5. Why did you introduce a wellbeing day?

[The Walton Centre NHS Foundation Trust hasn't introduced wellbeing days or mental health days.](#)

Please see our response above in [blue](#).

Re-Use of Public Sector Information

All information supplied by the Trust in answering a request for information (RFI) under the Freedom of Information Act 2000 will be subject to the terms of the Re-use of Public Sector Information Regulations 2005, Statutory Instrument 2005 No. 1515 which came into effect on 1st July 2005.

Under the terms of the Regulations, the Trust will licence the re-use of any or all information supplied if being used in a form and for the purpose other than which it was originally supplied. This license for re-use will be in line with the requirements of the Regulations and the licensing terms and fees as laid down by the Office of Public Sector Information (OPSI). Most licenses will be free; however the Trust reserves the right, in certain circumstances, to charge a fee for the re-use of some information which it deems to be of commercial value.

Further information can be found at www.opsi.gov.uk where a sample license terms and fees can be found with guidance on copyright and publishing notes and a Guide to Best Practice and regulated advice and case studies, at www.opsi.gov.uk/advice/psi-regulations/index.htm

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to the Freedom of Information Office at the address above.

Please remember to quote the reference number, FOI 4706 in any future communications.

If you are not content with the outcome of the internal review, you have the right to apply directly to the Information Commissioner for a decision. The Information Commissioner can be contacted at: Information Commissioners Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF.

Yours sincerely

Mike Burns

Mr. Mike Burns, Executive Lead for Freedom of Information